What Should I Do About Coronavirus

<u>1. Do Not Fear</u>

- The Media is promoting fear and panic through all the reports and talking
- The command not to fear is found **124** times in the Bible do not fear 51, fear not 10, be not afraid 1, do not be afraid 50, you must not fear 1, you shall not fear 5, you shall not be afraid 6

Fear Does not come from God

2 Timothy 1.7

"For God has not given us a spirit of fear, but of power and of love and of a sound mind"

• Fear is a choice – choose not to fear

Psalm 46.1-2

"God *is* our refuge and strength, A very present help in trouble. Therefore we will not fear, Even though the earth be removed, And though the mountains be carried into the midst of the sea;"

Hebrews 13.5b-6

"For He Himself has said, "I WILL NEVER LEAVE YOU NOR FORSAKE YOU." So we may boldly say: "THE LORD IS MY HELPER; I WILL NOT FEAR. WHAT CAN MAN DO TO ME?""

• Fear is faith in a things ability to harm you.

Job 3.25-26

"For the thing I greatly feared has come upon me, And what I dreaded has happened to me. I am not at ease, nor am I quiet; I have no rest, for trouble comes."

• We have a Covenant of Peace - (wholeness - health, well-being)

Isaiah 54.10

"For the mountains shall depart And the hills be removed, But My kindness shall not depart from you, Nor shall My covenant of peace be removed," Says the LORD, who has mercy on you"

Luke 8.48, 50

"And He said to her (*woman with issue of blood*), "Daughter, be of good cheer; your faith has made you well. Go in peace.".... But when Jesus heard *it*, He answered him (*Jairus*), saying, "Do not be afraid; only believe, and she will be made well.""

Isaiah 53.4-5

"Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted.

But He *was* wounded for our transgressions, *He was* bruised for our iniquities; The chastisement for our peace *was* upon Him, And by His stripes we are healed."

2. Stand In Faith

His Word brings healing

Psalm 107.20

"He sent His word and healed them, And delivered them from their destructions."

Your Covenant blessing is healing

Exodus 15.26

"and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases (*plagues*) on you which I have brought on the Egyptians. For I *am* the LORD who heals you.""

Psalm 91. 3, 5-7, 10

"(3) Surely He shall deliver you from the snare of the fowler *And* from the perilous pestilence....

(5) You shall not be afraid of the terror by night, *Nor* of the arrow *that* flies by day, (6) *Nor* of the pestilence *that* walks in darkness, *Nor* of the destruction *that* lays waste at noonday. (7) A thousand may fall at your side, And ten thousand at your right hand; *But* it shall not come near you.....

(10) No evil shall befall you, Nor shall any plague come near your dwelling;"

Psalm 103.3

"Bless the Lord... Who forgives all your iniquities, Who heals all your diseases,"

• Prayer of Faith based on the Word

Philippians 4.6-7

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

James 5.15

"And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven."

<u>3. Don't Focus on the Virus, Focus on Jesus</u>

- Quit talking about the virus
- Look at Jesus not the problem

Hebrews 12.2a

"looking unto Jesus, the author and finisher of *our* faith, ..."

Colossians 3.1-2

"If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. Set your mind on things above, not on things on the earth."

<u>4. Follow Personal Hygiene</u>

Follow normal personal hygiene procedures as set out by health authorities